

Daily Devotional

April 4, 2005

(Contributed by David Berry)

Theme: *God Is My Fortress*

Text: *Psalm 62: 1-2*

“My soul finds rest in God alone;

my salvation comes from him.

He alone is my rock and my salvation;

he is my fortress, I will never be shaken.”

Thought: The stress and anxiety of living from day to day in a world filled with uncertainty, pain, and fear will often leave even the strongest among us shaken and overwhelmed. In this text the Psalmist points us to the presence of God, our rock and our fortress, as the ideal place to find rest and peace. Only in his presence can we find real shelter from the storms of life. When Jesus and his disciples were caught in a terrible storm on the Sea of Galilee he was the only one who was not terrified. Why was that? I’m confident the constant presence of the Father in his life provided all the security he needed. He knew he was surrounded by the protective fortress the Psalmist describes. His response to the terror the disciples were feeling at the moment was to also call them into the presence of God. Jesus asked God to calm the sea. When the sea became as smooth as glass they too could feel themselves secure within the walls of the fortress of God. The storm was gone. They were at peace in His presence.

Prayer: “Awesome God, thank you for the peace I feel today surrounded by the fortress of your presence. You are my rock and my salvation. You are my shelter and my savior. I am at rest when you are near.”

Reflection:

Is there a time, a place, or a circumstance when you find it easy to feel the presence of God?

Is there a time, a place, or a circumstance when you find it difficult to feel the presence of God?

How does it make you feel to know that God is your rock and fortress?

When you were a child what person or place gave you the greatest feeling of peace and security?

Describe how you feel when the presence of God is real in your life.